



Come practise the present perfect continuous!

i We use the present perfect continuous when we want to say that something started in the past and is still continuing now.

The present perfect continuous is formed with "has/have been" + "the ing-form of the verb" (present participle).
For example: I have been watching the TV series for a month now.

?

She _____ been looking forward to the show.

- ☐ was
- ☐ has
- ☐ have

?

I have not been _____ football since my injury.

- ☐ played
- ☐ playing
- ☐ play

?

Aunt Lisbeth _____ been helping us since yesterday.

- ☐ has
- ☐ are
- ☐ have

?

It has not _____ raining all month.

- ☐ be
- ☐ are
- ☐ been

?

Mr Thomson has been _____ for an hour.

- ☐ talk
- ☐ talked
- ☐ talking

?

For how long have you been _____ in the canteen?

- ☐ ate
- ☐ eat
- ☐ eating





?

Jaden _____ been watching TV for two hours.



- ☐ have
- ☐ has
- ☐ was

?

How long have you _____ learning French?



- ☐ are
- ☐ been
- ☐ be

?

I have been _____ handstands for three weeks now.



- ☐ practising
- ☐ practise
- ☐ practised

?

I have been _____ my trip to Italy since March.



- ☐ organise
- ☐ organising
- ☐ organised





?

He _____ been reading the Narnia trilogy for the past weeks.



- ☐ has
- ☐ was
- ☐ have

?

_____ you been listening? I don't think you got it.



- ☐ Has
- ☐ Was
- ☐ Have

?

I am tired. I have been _____ a lot.



- ☐ revised
- ☐ revise
- ☐ revising

?

She has been _____ this song for months now! I can't stand it anymore!



- ☐ sing
- ☐ sang
- ☐ singing