



Practise the present perfect continuous!

i We use the present perfect continuous when we want to say that something started in the past and is still continuing now.

The present perfect continuous is formed with "has/have been" + "the ing-form of the verb" (present participle).
For example: I have been watching the TV series for a month now.

?

I have been _____ chess for two years now.

- ☐ learning
- ☐ learn
- ☐ learned

?

Lucas has been _____ for the junior marathon for a long time.

- ☐ trained
- ☐ training
- ☐ train

?

She _____ been cooking all evening, so dinner is ready soon.

- ☐ had
- ☐ has
- ☐ have

?

They _____ been building the new school for a year now.

- ☐ was
- ☐ have
- ☐ has

?

Mum has been _____ a lot.

- ☐ working
- ☐ works
- ☐ work

?

Marie has been _____ the piano for two hours now.

- ☐ practising
- ☐ practised
- ☐ practise





?

We have _____ looking after Lilly since two o'clock.

- ☐ are
- ☐ be
- ☐ been

?

Dad _____ been exercising for hours!

- ☐ do
- ☐ have
- ☐ has

?

We have been _____ about you.

- ☐ thinking
- ☐ think
- ☐ thinkin

?

They have been _____ on this project for a long time.

- ☐ work
- ☐ works
- ☐ working

?

She has _____ gaming a lot.

- ☐ were
- ☐ was
- ☐ been

?

Louisa _____ been waiting for ten minutes.

- ☐ has
- ☐ have
- ☐ were

?

I have _____ renovating my bedroom since yesterday.

- ☐ was
- ☐ done
- ☐ been