



Practise the present perfect with for and since with us!

i When using the present perfect we often talk about a specific time or a duration of time in the past. We use "for" to talk about a period of time. For example: We have lived in London for ten years. We use "since" to talk about a specific point in time, or a time when the action started. For example: We have lived in London since 2015.

?
I haven't played basketball _____ my injury.

- ☐ for
☐ since

?
My parents have run a bakery _____ four years.

- ☐ for
☐ since

?
I haven't seen him _____ my birthday.

- ☐ for
☐ since

?
_____ I have broken my arm I can't do any sports.

- ☐ Since
☐ For

?
She has practised her performance _____ two years.

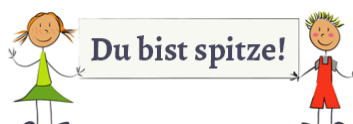
- ☐ for
☐ since

?
Mum has been on the work trip _____ two days.

- ☐ for
☐ since

?
I haven't seen her _____ yesterday.

- ☐ for
☐ since





?

I have attended drama club _____ September.

- ☐ since
☐ for

?

We haven't used our mobile phones _____ two days.

- ☐ since
☐ for

?

I have been in the swimming team _____ two years.

- ☐ for
☐ since

?

It hasn't rained _____ Monday.

- ☐ for
☐ since

?

I haven't had a job _____ ages!

- ☐ since
☐ for

?

She has lived in her own flat _____ two years.

- ☐ for
☐ since

?

She has lived in Paris _____ 1999.

- ☐ for
☐ since

?

I haven't been home _____ last week.

- ☐ since
☐ for