



Practise the past continuous with these exercises!

i We use the past continuous for an action that was suddenly interrupted by another one. For example: I was doing my homework when the telephone rang.

Signal words: when, while

How to form this tense: Use the simple past of "to be": "was" for I and he/she/it and "were" for you, we and they and then add "-ing" to the verb. For example. I was watching TV. OR We were having lunch.

?

He _____ playing in the garden when the phone rang.

- ☐ were
- ☐ was
- ☐ is

?

Were you _____ to music when I phoned you?

- ☐ listened
- ☐ listening
- ☐ listen

?

We _____ sitting in the classroom when the fire alarm went off.

- ☐ was
- ☐ were
- ☐ is

?

When we were _____ breakfast, my aunt Polly came for a visit.

- ☐ have
- ☐ had
- ☐ having

?

Were you _____ me when I had my headphones on?

- ☐ called
- ☐ calling
- ☐ call

?

We _____ just wondering about making a cake for Mum's birthday.

- ☐ were
- ☐ was
- ☐ are



?

I was _____ if you could do my chores today?

- ☐ wondering
- ☐ wonder
- ☐ wondered

?

I _____ riding on the bus when the snowstorm suddenly hit!

- ☐ was
- ☐ were
- ☐ am

?

They were _____ at the house when a cat suddenly jumped through the window!

- ☐ looks
- ☐ look
- ☐ looking

?

Alistair _____ having a good time at the party, when his Mum asked him to come home.

- ☐ was
- ☐ were
- ☐ is

?

Jordan was _____ on the football pitch when he saw me and waved.

Fill the gap with the right form of "run"



?

They _____ playing football when it started to rain.

?

Susan was _____ for her shoes when she found her piggy bank instead.

Fill the gap with the right form of "look"



?

When I _____ tidying my room, I suddenly got an important phone call.